

**WIHD Self Advocacy Group Meeting
Monday September 19, 2016 6:30-8:00 PM**

PLEASE JOIN US FOR THIS IMPORTANT MEETING TOPIC



MEETING AGENDA

- **Introductions, healthy snacks and announcements**
- **Topic: Learning More about Community Living**

Our discussion leader will be Marilyn Vitale, MA, who is with the Community Support Network at WIHD. She will share with us some helpful tips and strategies for living on own or with roommates. The discussion will focus on different things that can be helpful for us to know about and that we can do in order to be successful living in our house or apartment. We will also talk about and share what is important to know when going out in the community. As always, we will be learning more about independent living skills and advocating for ourselves by sharing with each other our own experiences living in the community.

Join Hear Our Voices Self Advocacy Group at WIHD to:

- ✓ Connect to the Hudson Valley Region of the Self Advocacy New York State Association (SANYS) for meetings, trainings, conferences, networking and fun activities
- ✓ Learn useful information to have a more independent and self-directed life
- ✓ Become a self-advocacy leader and speaker

**Our meeting will take place at:
Westchester Institute for Human Development,
Cedarwood Hall Boardroom-1st floor**

If you are planning on attending, please contact Mitchell Levitz at (914) 493-8119 or Email: mlevitz@wihd.org

Please bring along an interested friend. Please also share this announcement with other self-advocates who may wish to join and their house staff or family members. Feel free to share with appropriate people in your programs.