

**WIHD Self Advocacy Group Meeting  
Monday October 24, 2016 6:30-8:00 PM**

**PLEASE JOIN US FOR THIS IMPORTANT MEETING TOPIC**



**MEETING AGENDA**

- **Introductions, healthy snacks and announcements**
- **Topic: Getting and Keeping Employment**

Our guest discussion leader will be Gwenn Canfield, MS, CRC, LMCH. She is the Director of Counseling in the White Plains Regional Office of ACCESS-VR/New York State Education Department. She will provide information about some of the services her office provides including getting help in finding jobs. She will talk with us about useful tips and strategies for keeping our jobs and building careers. We will have a discussion about the ways to improve our employment skills so that we can do our jobs more effectively and efficiently. We will also have an opportunity to share own experiences with each other about our current employment and past jobs. As we advocate for ourselves and become more active in our communities, we should think about how training experiences and volunteer work may be helpful in getting to meet potential employers and gaining job skills needed for getting and keeping employment.

**Join Hear Our Voices Self Advocacy Group at WIHD to:**

- ✓ Connect to the Hudson Valley Region of the Self Advocacy New York State Association (SANYS) for meetings, trainings, conferences, networking and fun activities
- ✓ Learn useful information to have a more independent and self-directed life
- ✓ Become a self-advocacy leader and speaker

**Our meeting will take place at:  
Westchester Institute for Human Development,  
Cedarwood Hall Boardroom-1<sup>st</sup> floor**

**If you are planning on attending, please contact Mitchell Levitz at (914) 493-8119 or Email: [mlevitz@wihd.org](mailto:mlevitz@wihd.org)**

**Please bring along an interested friend or share this announcement with other self-advocates who may wish to join and their house staff or family members. Feel free to share with appropriate people in your programs.**