

**WIHD Self Advocacy Group Meeting
Monday May 16, 2016 6:30-8:00 PM**

PLEASE JOIN US FOR THIS IMPORTANT MEETING TOPIC



MEETING AGENDA

- **Introductions, healthy snacks and announcements**
- **Topic: Learning How to Get and Use Benefits and Entitlement Programs**
- **Continue discussion about SANYS U. training**

Our discussion leader will be Nicki Turano MSC; LCSW who is with the Community Support Network at WIHD. She will be sharing with us a short PowerPoint presentation on benefits and entitlements. Knowing what benefits you have or may be eligible for is an important part of self-advocacy. If you were able to get your Benefits Planning Query (BPQY) from the Social Security Office (which gives you information about what type of benefits you have) please bring this form with you to the meeting. It will be very helpful. So come learn more about benefits and entitlements. Bring your questions! After this topic, we will continue our discussion from the March SA meeting about interest in participating in the SANYS U. training.

Join Hear Our Voices Self Advocacy Group at WIHD to:

- ✓ Connect to the Hudson Valley Region of the Self Advocacy New York State Association (SANYS) for meetings, trainings, conferences, networking and fun activities
- ✓ Learn useful information to have a more independent and self-directed life
- ✓ Become a self-advocacy leader

**Our meeting will take place at:
Westchester Institute for Human Development,
Cedarwood Hall Boardroom-1st floor**

If you are planning on attending, please contact Mitchell Levitz at (914) 493-8119 or Email: mlevitz@wihd.org

Please bring along an interested friend. Please also share this announcement with other self-advocates who may wish to join and their house staff or family members. Feel free to share with appropriate people in your program.